REIKI 1 TRAINING
Being Your Own Healer

Book by June 30th with the code "HEALERINME", to receive $25 off

BOOK NOW

Part 1
Online via Zoom
July 7th
4-6pm

Part 2
Roslyn
July 11th
1-5pm

Part 3
Roslyn
July 18th
1-5pm

*Recording will be available if you can’t make it live for Part 1

- Introduction to Reiki
- History of Reiki
- How to Approach Self-Healing
- Elements of Reiki
- Energetic System
- Receive Attunements
- Practice Guided Meditations, Breathing Exercises, Self-Healing, Reiki on others, and Byosen Scanning

PARITA SHAH HEALING
70 GLEN COVE RD SUITE 207, ROSLYN HEIGHTS, NY 11577